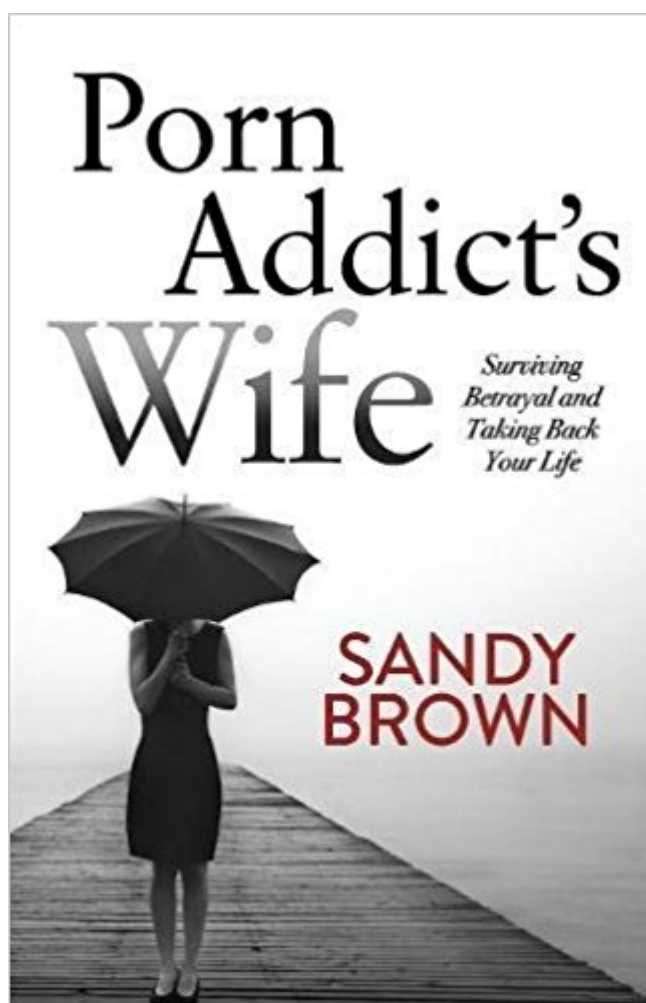


The book was found

Porn Addict's Wife: Surviving Betrayal And Taking Back Your Life



Synopsis

Are you feeling shocked, betrayed, devastated, and downright angry after discovering your husband is addicted to pornography? Are you wondering: how could he do this to me or, why aren't I enough for him? Do you wonder if your marriage is over? Are you feeling lost and alone? Life and relationship coach Sandy Brown has been there. Her own experience in surviving the betrayal of her husband's porn addiction has inspired her to focus her practice on helping other women to do the same. Through her own recovery and her experience with clients, Sandy has developed a process of recovery to empower women at a time when they feel all is lost. *Porn Addict's Wife* shows readers that they are not alone in feeling shattered by their husband's sexual addiction, and teaches them how and with whom they can safely share their story. By providing resources for readers to get real help for both themselves and their spouse, it provides guidance to healing and rebuilding a normal life.

Book Information

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Customer Reviews

Certified life and relationship coach Sandy Brown brings over 20 years of personal development experience to her work with clients around the world to create happier lives. She sees her own life as a work in progress and, through her own relationships, has learned to embrace both the good and the bad as opportunities for personal growth. Sandy obtained her coaching certification from Martha Beck International, and it is her own experience in surviving the betrayal of her husband's porn addiction that has inspired her to focus her practice on helping other

women to do the same. Through her own recovery and her experience with clients, Sandy has developed a process of recovery to empower women at a time when they feel all is lost. Sandy and her husband are happily married and live on the shores of Lake Michigan, where they have been raising their five sons.

Fantastic. Sandy has definitely proven she is an expert in her field. I found the book to be most comforting, with tools that could and should be used in any challenging relationship; especially those dealing with any type of addiction. Most importantly, it quickly and clearly gives hope to any distressed woman in this situation. And if you are, this is a MUST read.

This book was extremely enlightening into the world of porn addiction. The tools Sandy Brown has developed and used to help her own marriage make such complete sense. While reading each chapter and delving deeper into this book the messages are openly honest and soul searching. I applaud the courage it took to write this. Thank you for revealing a way to search out help that so many people need, maybe without even knowing they needed it.

Amazing book! Highly recommend.

I commend you Coach Sandy Brown! This book is heartfelt, honest and eye opening. The staggering statistics of Internet porn use is distressing. The tone throughout the book is frank, concise and I believe will shed some light on this growing problem in our society.

Porn Addict's Wife, by Sandy Brown raises the awareness of betrayal and devastation of porn addiction in a marital relationship. She arises through the fire and finds the strength not to be a victim of circumstance. The tools she lays forth as to a mind reset and forgiveness, truly comes from heart work completed from within. Stepping out of fear into empowerment, connecting to that light within and praying for Divine intervention to walk the journey out of the ashes. Very useful tools to cross approach, apply and incorporate into personal victory in other addictions. Well done, my dear, well done. Norma M. Alex, Potential Human Thought Leader

Wow, Sandy Brown, you nailed it! Thank you for sharing from your own heart and personal experience (you made it look so easy) on a topic that people don't want to acknowledge. You tell it like it is and give HOPE to women around the globe. Dear Reader, why are you waiting? Sandy's

story is honest and compelling. Read Porn Addict's Wife NOW. Paula Kutcher, Become the Joy You Seek LifeCoach

I almost never review books, but shout OUT for Sandy Brown's book! Not only is this a great resource for those of use who've suffered under the deceitful scourge of a husband's porn addiction, it also may be the best all-around self-help book I've ever read! Brown nails the issues that lead us to make bad choices, put up with BD, lead us to feel "less than," keep up from drawing and enforcing firm boundaries -- all WITHOUT the shame of so many other books. I've read Melanie' Beattie's codependency books. Came away feeling worse. Like it was MY problem. Yes, many of us (men and women) have loving and trusting hearts. Does that make us somehow pathological? Brown, in this books, is like a laser on the fact that your partner CHOSE to be a porn addict (or any other kind of addict), that is has NOTHING to do with you, that the best thing you can do is nurture and strengthen yourself and one of two things will happen: 1) the jerk-off you married will come around because you're so amazing (once you've followed her amazing clear and easy steps to getting and being better and stronger) or 2) you can leave the douche bag from place of strength. I don't know how Brown did it, but she manages to be tough and loving at the same time. Both with the men who have betrayed us, and ourselves. She should be the new Dr. Phil. Buy this book. Follow it. Whether or not it has an impact on your marriage to a porn junkie is immaterial. It will make YOU a better person.

The author does a great job of discussing a taboo and misunderstood disease about porn addiction. Society and our American culture has not had the courage to openly address this issue like other addictions. I commend the author to bring her painful and personal story forward for us to understand, learn and address. The author provides great examples that break down the medical jargon about this addiction to easily understandable facts. Her writing style is real and not sugar-coated which also brings the topic within easy reach for each relationship and family. Her personal conflict and struggle with her own recovery is well written and understandable. I can relate to her inner struggles and insecurities. There are great steps and techniques that can be used to overcome and better understand all personal struggles. I already have used those techniques and sayings during conversations with family, friends and colleagues. I am commending the author for her wisdom and courage to address this difficult, unknown subject and to provide her teachings to us all. Great job!

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